



Walk around the municipal area of l'Escala

The route starts at Cala Montgó and from the beach itself you head towards l'Escala, along Carrer Trenca Braços, on the right, coinciding with the GR-92. Once at the top, in front of Illa Mateua, in Carrer Punta Montgó, turn left to follow the sea, following the GR-92 markers. Go past the Punta dels Cinc Sous, Cala del Salpatx and Les Penyes until you get to Port de la Clota.

Then cross over the port by Carrer Romeu de Corbera, until you come to Riells Beach. At the beach, walk along Passeig del Petit Príncep until you get to Passeig del Mar, which takes you, following the coast, to the old centre of l'Escala. Carry along Passeig Lluís Albert and Port d'en Perris to La Platja. From La Platja (the main town beach) take carrer Cargol and then Ronda Mar d'en Manassa, on your left, following the coastline. Go past La Creu small bay where you will see the fishermen's huts. This coastal path takes you to the place known as L'Oberta, from where you can see the beaches of Empúries. Walk along the Ronda del Pedró for about 200 metres and when you get to the l'Ampadòfor (the lamp bearer, the sculpture built to commemorate the arrival of the Olympic flame) turn right to take the Empúries Promenade.

The Empúries Promenade is two and a half kilometres long and runs parallel to the beaches of Empúries. It takes you past the Platja del Rec, Portitxol, Les Muscleres and Moll Grec beaches, and you come to Sant Martí d'Empúries, which is the end of the route.

Go past the village of Sant Martí d'Empúries, heading south, taking the main road that leaves the village. From the same road, take the left at the first path you come to, and continue along this path towards Mas Sastruc. At the crossroads with Mas Sastruc, carry straight on and cross



L'Escala-Empúries



Ajuntament de l'Escala

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This is a route that goes all around the perimeter of the municipal area of l'Escala, with the exception of Cinclaus, going along the coastal strip and returning inland.



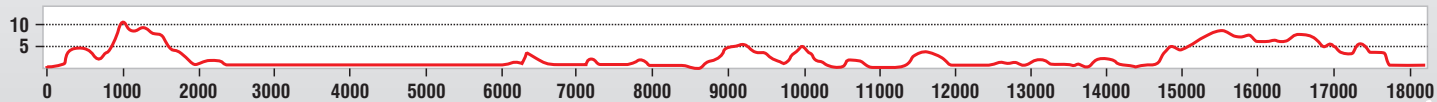
L'Escala-Empúries

Technical specifications

Departure point	Cala Montgó
Type of route	Round
Distance	18.158,87 m
Time	6 h
Difficulty	High (because of the distance involved)

Slope

Final



over the main road at its narrowest part. On the other side of the road, near the Tourist Information Office, take a path there is on the left that will take you to Les Corts farmhouses, signposted as "Camí de les Corts a Empúries", go between the farmhouses and turn left towards EL Molí de l'Escala restaurant, until you come to Camp dels Pilans, in Carrer Muntanya Rodona. This will take you to a path that heads south, right at the edge of the houses. You will find a signpost that labels the path "Via Heraklea" and from here on, follow the livestock path which winds between the pine trees. You will come to the large pine tree known as Pi Gros, carry on towards the south until you reach the road to Bellcaire. Cross over this road and go into the car park of Els Recs farmhouses, from here go to the football pitch and take the path behind it heading south, until you get to Cortal Nou. From Cortal Nou, take the "Termes" Path heading east, go through the old sand quarry, following the green and white markers, cross over Carrer Punta Milà and following the perimeter of the campsites, you will get to the end of the route, Cala Montgó.

Other values

The value of this route lies in the combination and variety of spaces and landscapes; on the one hand the route takes you along the coast, going past a large number of beaches and small bays and panoramic viewpoints. On the other hand, it takes you past farmhouses and along rural paths with great landscape and botanical interest.

